

Anti-Racism in the Workplace Resource Guide

Books

1. Individual Perspective

- So You Want to Talk About Race by Ijeoma Oluo
- o How to Be an Antiracist by Ibram X. Kendi
- Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Dr. Jennifer L.
 Eberhardt

2. Organizational Perspective

- The Person You Mean to Be: How Good People Fight Bias by Dolly Chugh
- White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo
- Caste: The Origins of Our Discontents by Isabel Wilkerson

3. Union Perspective

- o Race and Labor Matters in the New U.S. Economy by Marc Bayard and Steven Pitts
- Revolutionary Unionism: The Industrial Workers of the World by Verity Burgmann
- o No Shortcuts: Organizing for Power in the New Gilded Age by Jane McAlevey

Movies/Documentaries

1. Individual Perspective

- 13th (Netflix) Directed by Ava DuVernay, explores the intersection of race, justice, and mass incarceration.
- The Hate U Give Explores racism and police violence from a personal and community perspective.

2. Organizational Perspective

- American Factory (Netflix) Examines workplace culture and systemic inequities in manufacturing.
- The Corporate Coup D'État Discusses systemic challenges within corporations, touching on inequities in the workplace.

3. Union Perspective

- Sorry We Missed You Highlights labour exploitation and systemic racism in gig economies.
- Matewan A historical depiction of a coal miners' strike emphasizing race and labour solidarity.

Podcasts

1. Individual Perspective

- Code Switch (NPR) Tackles race and identity issues, often with a workplace angle.
- o Unlocking Us by Brené Brown Includes episodes on race and emotional intelligence in leadership.

2. Organizational Perspective

- The Diversity Gap Explores diversity in organizational spaces and how to bridge the gap.
- Lean In by Sheryl Sandberg Discusses bias, inclusion, and workplace dynamics.

3. Union Perspective

- Belabored Podcast Focuses on labour rights and race-related workplace issues.
- Working People Stories from workers about racial dynamics and union activism.

Influencers/Thought Leaders

1. Individual Perspective

- Layla F. Saad Author of Me and White Supremacy, focuses on personal accountability in anti-racism.
- o **Dr. Joy DeGruy** Researcher and speaker on cultural trauma and bias.

2. Organizational Perspective

- Tiffany Jana Advocate for organizational diversity and inclusion, co-author of Overcoming Bias.
- o **Dr. Robin DiAngelo** Specializes in workplace racial dynamics and the concept of white fragility.

3. Union Perspective

- Steven Pitts Labor economist focusing on Black workers and union inclusion.
- Sarita Gupta Activist and leader in labour organizing and racial equity.

YouTube Videos

1. Individual Perspective

- <u>"How to Outsmart Your Own Unconscious Bias" by Valerie Alexander</u> Discusses individual biases and strategies to overcome them in daily life and workplaces.
- <u>"Why We Need to Talk About Race at Work" by Dr. Pragya Agarwal</u> Explores the role of race in professional settings.

2. Organizational Perspective

- "How to Foster True Diversity and Inclusion at Work" by Rosalind G. Brewer Focuses on systemic changes needed for workplace equity.
- <u>"The Business Case for Diversity in the Workplace" by TED</u> Examines why diversity and anti-racism matter in organizations.

3. Union Perspective

- o <u>"Racial Justice and the Labor Movement"</u> by AFL-CIO Highlights the intersections of race and labor.
- "Unions and Social Justice" by The Real News Network Discusses how unions can combat racism and advocate for inclusivity.

Articles

1. Individual Perspective

- <u>"The Reality of Anti-Racism in the Workplace" by Forbes</u> Explores personal responsibility and action plans for employees.
- <u>"How to Be an Ally at Work" by Harvard Business Review</u> Offers practical steps individuals can take to promote equity.

2. Organizational Perspective

- <u>"Creating an Anti-Racist Workplace" by SHRM</u> Explores systemic strategies for anti-racism in organizations.
- <u>"Addressing Racism in Corporate Culture" by McKinsey & Company</u> A data-driven approach to transforming workplaces.

3. Union Perspective

- <u>"Labor Unions' Role in Combating Racism" by The Nation</u> Discusses the power of unions in advancing racial justice.
- "Unions and Racial Equity" by Economic Policy Institute Analyzes how unions impact racial equity in the workplace.

